

IN OUR PRAYERS THIS WEEK

For the Church: For our observance of Lent that the Spirit of God may rule, direct and assist us. For the Anglican Board of Mission. For our bishops, especially Bishop Genieve Blackwell. For the growth, strength and confidence of our Parish, for all who pray for the Parish and for the community for which we are a church. For our neighbouring parishes in Preston, Fitzroy and Collingwood.

For the World: For the peace of God's world. For all governments which cooperate in response to climate change, food insecurity, homelessness, poverty and social injustice. For peace on the Korean Peninsula. For peace in the Middle East. For the Muslim and Christian communities of Myanmar. For the governments of the U.S.A., Turkey, Iran, Russia, North Korea, Israel, Palestine, Syria, Saudi Arabia, and Yemen. For the governing of Great Britain in a time of change. For the Australian governments and Parliaments.

For the Community: For the communities in Australia facing the ravages of flood and fire. For families, neighbours and friends. For all victims of abuse. For faith communities that they may regain the confidence of the wider community. For all prisoners and for those awaiting sentence. For the homeless and all seeking access to community and public housing. For our hospitals and nursing homes. For our family welfare agencies. For our agricultural community.

For the Sick: Our prayers are asked for: Jill, Dorothy, Joseph, Martha, Ron, Jeffrey, Jan, Vera, Joyce, Jude, Trish, Russell, Jenny, Cliff, Tom and Gemma.

For the Departed: For the repose of the souls of those whose anniversaries occur at this time: Norman Dawson, William Bridges, Mabel Hansford, Walter Bridges, Mercy Allen, Albert Watts, Robert Cousins, and Baby Hope.

LENT

Lent is the fast of forty days before Easter. In the first three centuries the period of fasting in preparation for Easter did not, as a rule, exceed two or three days. The first mention of a period of forty days occurs in the Canons of Nicaea (A.D. 325- can. 5). The custom may have originated in the prescribed fast of candidates for baptism, and the number forty was evidently suggested by the forty days' fasts of Moses, Elijah, and especially the Lord Himself, though till a much later date the period was reckoned differently in the different Churches. Only in Jerusalem were the actual forty days observed as early as the 4th cent. by fasting on five days for eight weeks. The number of forty was not made up in the Latin Church until the 7th cent., when the four days from Ash Wednesday to the First Sunday in Lent were added. During the early centuries the observance of the fast was very strict. Only one meal a day, towards evening, was allowed, and flesh (meat and fish) and also, in most places, eggs were strictly forbidden. In the West the practice began to be considerably relaxed. In the East, abstinence from eggs meat and fish is still widely practiced (hence the festive use of eggs in Easter baking.) In the West, Lent is reflected in various features in the liturgy such as the use of purple vestments and the omission of the "Alleluia" and of the Gloria in excelsis at the Eucharist. There has long been a proper eucharist for each day in Lent. Sundays, as feasts of the Resurrection, are not included in Lent.



Prayers and Readings for THE FIRST SUNDAY IN LENT

(Year C)

10 March, 2019

9.30 am, 11.00 am, 5.00 pm

Introit Hymn:	591	Forty days and forty nights
Psalms:	91: 1 – 10	
Gradual Hymn:	25	As pants the hart for cooling streams
Offertory Hymn:	745	Seek ye first the kingdom of God
Doxology (St James)	127 v.3	Holy Father, Holy Son, Holy Spirit, three we name you
Dismissal:	206	With joy we meditate the grace
Sermon		The Vicar

The Opening Sentence

Worship the Lord your God. And serve only him.

Prayer of the Day

O Saving God, who led your people through the wilderness and brought them to the promised land: so guide us that, following our Saviour, we may walk through the wilderness of this world and be brought to the glory of the world that is to come; through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Gospel Acclamation

Praise to you, Lord Jesus Christ: King of endless glory!

No one lives by bread alone: but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ: King of endless glory

Prayer for the Week

O Lord, who for our sake fasted forty days and forty nights, give us grace to use such abstinence that, our flesh being subdued to the spirit, we may ever obey your godly will in righteousness and true holiness, to your honour and glory, who lives and reigns with the Father and the Holy Spirit, one God, now and for ever. Amen.

FIRST READING

Deuteronomy 26: 1- 11

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, 2 you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. 3 You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." 4 When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, 5 you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. 6 When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, 7 we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. 8 The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; 9 and he brought us into this place and gave us this land, a land flowing with milk and honey. 10 So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. 11 Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

THE PSALM: 91: 1 – 10

Response: You are my God in whom I trust.

1. Whoever dwells in the shelter of the Most High and abides under the shadow of the Almighty, shall say to the Lord, "My refuge and my stronghold, my God, in whom I put my trust."
2. For he shall deliver you from the snare of the fowler and from the deadly pestilence. He shall cover you with his wings, and you shall be safe under his feathers; his faithfulness shall be your shield and buckler.
3. You shall not be afraid of any terror by night, nor the arrow that flies by day: of the pestilence that stalks in darkness, nor the sickness that destroys at noonday.
4. Though a thousand fall at your side, and ten thousand at your right hand, yet it shall not come near you. Your eyes have only to behold to see the reward of the wicked.
5. Because you have made the Lord your refuge and the Most High your stronghold, There shall no evil happen to you; neither shall any plague come near your tent.

SECOND READING

Romans 10: 4 – 13

My brothers and sisters, Christ is the end of the law so that there may be righteousness for everyone who believes. 5 Moses writes concerning the righteousness that comes from the law, that "the person who does these things will live by them." 6 But the righteousness that comes from faith says, "Do not say in your heart, 'Who will ascend into heaven?'" (that is, to bring Christ down) 7 "or 'Who will descend into the abyss?'" (that is, to bring Christ up from the dead). 8 But what does it say? "The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); 9 because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. 10 For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. 11 The scripture says, "No one who believes in him will be put to shame." 12 For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. 13 For, "Everyone who calls on the name of the Lord shall be saved."

GOSPEL ACCLAMATION

Praise to you, Lord Jesus Christ: King of endless glory!

No one lives by bread alone: but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ: King of endless glory!

The Gospel Luke 4: 1 – 15 *At that time,* 1 Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, 2 where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. 3 The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." 4 Jesus answered him, "It is written, 'One does not live by bread alone.'" 5 Then the devil led him up and showed him in an instant all the kingdoms of the world. 6 And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. 7 If you, then, will worship me, it will all be yours." 8 Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" 9 Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, 10 for it is written, 'He will command his angels concerning you, to protect you,' 11 and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" 12 Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" 13 When the devil had finished every test, he departed from him until an opportune time. 14 Then Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. 15 He began to teach in their synagogues and was praised by everyone.

THE POST COMMUNION SENTENCE

No one lives by bread alone: but on every word that comes from the mouth of God.

DIARY FOR THE WEEK

10 March 2019 – 17 March 2019

Last Sunday before Lent	9.30 am	Sung Eucharist – St James
	11.00 am	Sung Eucharist – All Saints
Thursday – 14 March	5.00 pm	Holy Eucharist – St Paul's
	10.30 am	Holy Eucharist – St James
	7.00 pm	Lenten Study
Lent 1	9.30 am	Sung Eucharist – St James
	11.00 am	Sung Eucharist – All Saints
	5.00 pm	Holy Eucharist – St Paul's

PARISH NEWS

We welcome all who share with us in our service today. If you are new to our Church, please sign the Visitors Book in the Narthex/porch and introduce yourself to the welcomers on duty. Coffee is served after the Service in the Narthex at St James, in the Meeting Room at All Saints and before the service in the Church at St Paul's. Please join us.

Next Sunday's readings – Lent 2

First Reading: Genesis 15: 1 – 12, 17 – 18 Psalm: 27
Second Reading: Philippians 3: 17 – 4: 1 Gospel: Luke 9: 28 – 36

LENTEN STUDY

We have planned a Lenten Study for the Thursdays in Lent commencing on 14 March. The first will take place in the Narthex at St James. The booklet, "All I Have is Yours" by Michael McGirr (St Kevin's College, Melbourne) is available to be purchased from The Revd Philippa Wetherell at a cost of \$9. A guided reading of the Gospel of Mark is available from the Revd Ken Cahill for those who wish to undertake a daily gospel reading in Lent as an alternative exercise.

PARISH QUIET DAY

We have booked for a Quiet Day in the weekend before Holy Week, Saturday 13 April at the Community of the Holy Name, Cheltenham. Place the date in your diary. More details will follow.

THE PARISH CONCERT

We have altered the date of this event to a date to be agreed between the Parish Vestries. Please talk with Elizabeth Braithwaite if you would like to perform. Singing, dancing, recitations, instrumental music, readings, and drama presentations would all be welcome. The date will be announced as soon as possible.

JOINT PARISH BBQ

There will be a Parish BBQ in the All Saints grounds on 31 March, (Mid Lent Sunday/Mothering Sunday). BYO drinks, salads and desserts. Meat provided. All welcome. It will commence at 12.15 pm on that day.

PUBLIC HOUSING SUPPORT MEETING 23 MARCH

The sale of the Walker Street estate to a private developer in partnership with a housing association has been announced. There will be a meeting for public housing tenants from across the estates and their supporters at 4 pm on 23 March at All Saints. Please come along to show your support for tenants and for more public housing.

THE MELBOURNE ANGLICAN

Copies of the March edition of the Diocesan Newspaper are available at the churches this morning.

ABM BOXES

We will make the collection boxes available for donations to the Anglican Board of Mission throughout Lent. Please take one and make missionary giving a part of your observance of Lent.

ARTICLES FOR SAINTS ALIVE

The Lent/Easter edition of the All Saints newsletter is now in preparation. Please send or pass contributions to Alma Ryrie-Jones as soon as possible.

GOOD FRIDAY MUSIC

We are planning the practice schedule for preparation of choral music for Good Friday at All Saints. If you have not been contacted but would like to be involved, please contact Alma Ryrie-Jones, 0409 229 046.

PLANNED GIVING ENVELOPES

New envelopes are always available in the narthex at All Saints and St James. The vestries encourage members to use these for regular giving to allow accurate budgeting. Please give prayerful thought to your giving to the parish.